

# Accenton HEALTH

••• chiropractic & massage •••

## *Spinal Decompression Traction Therapy*

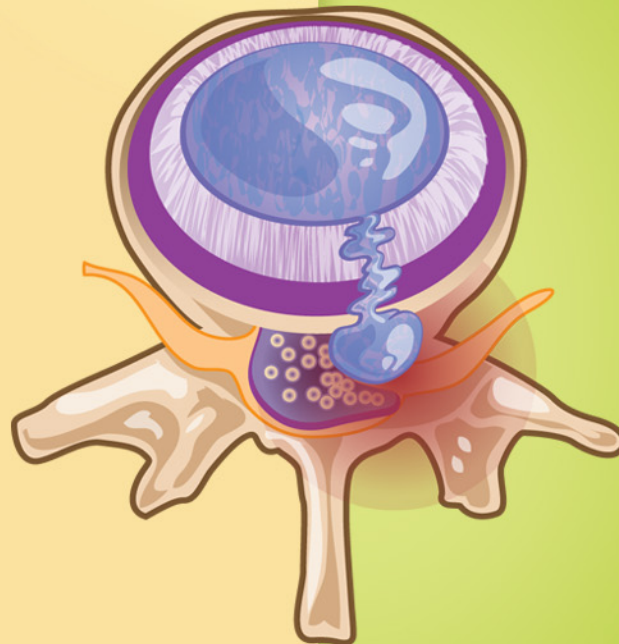
### ***What is Spinal Decompression Traction?***

*Answers to your questions.*

Are you suffering with back or neck pain because of a herniated disc, sciatica, a degenerative disc, spinal stenosis or arthritis? Low back pain is more common than you think! Do you experience back, leg, neck, arm, or shoulder pain on a regular basis? You're not alone! Unfortunately, many pain sufferers have yet to come across an effective answer. You however, have chosen to seek out and find relief, a real answer that to date has been over 86% successful in dealing with chronic, debilitating back pain. If so the answer you are looking for is Spinal Decompression Traction!

### ***Spinal Decompression Treatment***

Decompression traction is an FDA-registered method of relieving pain and disability by repairing damaged spinal discs and reversing nerve degradation. Following examination by the doctor, a computer-controlled device gently distracts (pulls very slightly apart) your spinal discs. The decompression of the discs lets oxygen and blood flow into the affected areas to speed up healing and relieve pain, allowing the specific discs that are causing your pain to be targeted for correction.



### ***Causes of Back Pain***

- Sports injuries
- Car accidents
- Age & Diet
- Repetitive stress
- Poor Health
- Spinal nerve condition
- Exertion or Strain
- Arthritis
- Everyday activities and events

### ***Symptoms of Back Pain***

- Radiating pain in back
- Radiating pain in neck
- Numbness
- Tingling in legs or feet
- Pain over the buttocks
- Pain down the back of thigh
- Pain in on or both legs