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Dear Friend:

I want to first thank you for requesting and then taking the time to read my report. Before you begin I would like you to know that I have successfully helped many area residents fully recover after they were injured in a car accident. Perhaps, you asked for this report or perhaps it was given to you by someone concerned about your well-being because you yourself were recently injured in a wreck or collision. Maybe you have been experiencing pain, muscle spasm or even frustration from not being able to do the things you enjoy in life because of the pain. I want you to know that there is hope.

The hope of knowing that I understand your frustration from the changes in daily life that pain creates. I also know how to diagnose, treat and quickly relieve your pain, restore your function and get you back to doing the things you love and need to do as quickly as possible. As a chiropractor treating whiplash and pain related to auto trauma injuries is something at which I excel and enjoy. Perhaps I can offer the solution to your pain, if your want to know more, please read on...



**You Need To Read This Report If
You Have Been In A Car Accident!**

What You Need to Know about Auto Accident Injuries...

Many people have misunderstanding regarding the soft tissue and spinal injuries that result after an automobile collision. Victims of such accidents are often misguided by inadequate treatment programs prescribed by their family or emergency room doctors for these special kind of injuries resulting in poor healing or prolonged suffering from one or more of the following symptoms after their treatment concludes:

- Recurring headaches
- Neck pain and stiffness
- Jaw pain (TMJ)
- Numbness, tingling or pain in arms or hands
- Chronic muscle spasms and tension
- Low back pain
- Spinal disc herniation or bulge

If you are a victim of such health problems because of an accident and you think that everything has been done to get rid of the pain and problem and that you are now one of those poor people who will “just have to learn to live with the pain” then you are the reason I wrote this report.

Whiplash... What Is It Really?

Whiplash is a general description of how an injury occurs, it is not a condition, disease or even a symptom. When a person suffers a whiplash type injury it means their body was thrown around in a "whip" like manner forward and backward.

What Causes a WHIPLASH type of injury?

The whiplash injury occurs most frequently in an auto rear-end collision. When the auto is struck from the rear, its forward speed is accelerated and the passenger's body is also thrown forward but their head remains stationary or is thrown backwards. When the body is suddenly thrown in one direction and the head is thrown backward and then forward, it is called a whiplash injury. This results in hyper-extension (beyond the normal backward bending range of the neck) followed by hyper-flexion (beyond the normal forward bending) of the neck. A sudden or slamming on the brakes can also result in a whiplash. Even a collision from the side, throwing the head from side to side, can cause a whiplash type injury to, the neck. A whiplash type injury doesn't occur only in automobile accidents. They can also be the result of any sudden change of movement of the body. This can occur when you step off a curb unaware, in strenuous activity, falls, or sports like handball, football, boxing, skiing or even things like amusement park rides and rollercoasters.

Where does the damage occur?

The vast majority of whiplash type injuries cause damage to the neck's soft tissue, things like the ligaments, tendons, muscles and cause pain producing changes in your spinal vertebral alignment. This can cause symptoms like pain with or without stiffness in the neck; headache, either right at the time of the whiplash motion of the neck or commonly within the first 24 hours after the accident. Some people also have persistent numbness and tingling in the arms, hands and fingers or similar sensations between the shoulder blades.

It is not uncommon to experience auditory and visual symptoms such as ringing in the ears, hearing loss and/or dizziness or even pain behind the eyes with blurring of the vision related to the injury.

Some people have no symptoms immediately following an accident and think they are not injured. Still, they may develop symptoms a few hours, days, weeks or even months after the accident. This is why getting checked by a doctor who understands soft tissue injury as soon as possible is so very important.

The Symptoms Are Just the Signal Something Is Wrong; They Are Not the Problem...

Most all of the symptoms a whiplash injury can create, (there are many more than I have space to list above), have at least one thing in common....spinal nerve irritation or compression. When soft tissues are torn or severely stretched causing spinal vertebrae to become fixated or even just misalign slightly, sensory and motor nerves can become irritated and even damaged. In chiropractic this has been referred to as the vertebral subluxation complex. This is a serious biomechanical lesion commonly shortened and just referred to a ..."Subluxation".

The resulting spinal nerve irritation that results from this whole injury complex is one of the most common contributing factors to persistent pain and problems in serious whiplash type injuries and is also one of the most overlooked and untreated factors that your medical doctor or physical therapist will not find. When nerves are irritated or compressed their vital impulses are altered interfering with your nervous system's ability to regulate, control and coordinate the function of the internal organs and other body systems leading to improper function and most commonly, PAIN.

Why MEDICAL TREATMENT Commonly Fails To Fix The Problem...

Correcting the cause is the only way to effectively treat whiplash type injuries. However, the usual medical treatment is to prescribe muscle relaxers, pain pills, anti-inflammatory drugs and other medications to relieve the pain and related symptoms. When the drugs fail to correct your condition, physical therapy, stretching and strengthening exercises and sometimes even braces are used with the drugs. When all that fails to bring satisfactory results many patients undergo potentially unnecessary surgery with all its associated serious risks. I am not saying that the medical approach at times is necessary and even life saving but remember that **ALL** medication will have side effects that can be very severe, and surgery is very dangerous and should always be the last resort only after everything else has failed to correct the problem.

CHIROPRACTIC CARE - The "Key" To Soft Tissue Healing and Pain Relief...

Chiropractic is not an extra strength "pain-pill" that only provides temporary relief by blocking the perception of pain, nor is it a treatment specifically for "whiplash." Chiropractic is so much more! Greater numbers of people with "whiplash" pain and symptoms have sought and found relief from chiropractic care in greater numbers recently because chiropractic care addresses the major cause of spinal nerve irritation caused by subluxation from the whiplash type of injury. They also report higher percentages of patient satisfaction when compared to those who sought care from physical therapists or medical doctors.

Today, because of our stressful lifestyle, poor eating habits, environmental pollution, lack of proper exercise, etc., millions are suffering from subluxations and the resulting spinal nerve irritation that can cause body malfunction leading to diseases and premature aging. Many people live with these problems and may never even know they are "sick" until they have symptoms and in some cases it is too late for complete restoration of their health. If they had only read this report and had a chiropractic examination the problem would have probably been easily corrected.

Being Healthy is More Than Just Not Having Pain...

Pain is not a disease process, it is only a symptom. You can have a serious health problem with or without pain. Dorland's Medical Dictionary defines pain as "a feeling of distress, suffering or agony caused by stimulation of specialized nerve endings." There can be no pain unless these specialized sensory nerves are stimulated (irritated), resulting in the transmission of nerve impulses to the brain. In this case, pain from a whiplash injury is only noticed if the local nerves are sufficiently irritated.

People with no pain might even be considered unfortunate because they may be lead to think the absence of pain means they are healthy causing them to delay chiropractic treatment. Those with pain should never attempt to cover or mask it with pain killing drugs. This does nothing to correct the problem and usually causes more problems as they do things pain free that they would not have done without the drug. The hidden cause must be corrected before long-lasting relief and health can be restored. This is why it is so important to understand that no pain does not necessarily = health.

The Real Problem Is Missed

As a matter of further explanation, it should be understood that the goal of most treatment programs for injuries following auto accidents is one of pain relief alone, which is often temporary. Irritated nerves continue to cause pain or other problems. Without restoring your spine back towards its correctly aligned position, you are faced with developing chronic health problems that in some instances can last a lifetime. In short, the real problem is missed.

Fortunately, health conditions caused from auto accidents may now be relieved or even eliminated through a proper program of "restorative" chiropractic care, designed to keep the pain from coming back!

My name is Dr. David Bohn, a chiropractor and director of the Accent on Health chiropractic, acupuncture and massage centers. In light of new research and treatment methods, I have decided to help anyone living in the Tri-state area suffering from physical pain following an auto accident find a solution to their health problems. Accent on Health Chiropractic Center has always taken pride in focusing on the detection and treatment of whiplash and the injuries resulting from automobile trauma.

In the past, I've helped thousands of people feel better and live healthier, more productive lives following my program of gentle spinal corrective care. Now, I would like to introduce more people to the many healthful benefits that my spinal care program has to offer.

So, if you always wanted to see what cutting edge chiropractic care can do for you, now is the best time because you are invited to receive an injury evaluation so I can determine if our corrective spinal care program can help you!

What do these evaluation services include? Everything necessary to make an accurate diagnosis and recommendations for resolving your health problem! You'll receive an in-depth consultation about your accident and the health problems that resulted; a complete spinal examination, including orthopedic, chiropractic, and necessary neurological testing; a full set of specialized x-rays (only if necessary) and a digital postural stress analysis. These tests will be analyzed to determine the exact position of your spine and if it may have been damaged as a result of the accident. After all this information is gathered, sorted and processed you'll receive a consultation to discuss our findings and individualized recommendations for your care.

The appointment doesn't take long at all. In most instances our evaluation will require less than 60 minutes of your time.

What is the cost of the evaluation? Like any other health-care service, chiropractic evaluation and care is covered completely under the medical benefits portion of your automobile insurance policy. All fees for this evaluation will be sent to your auto insurance company for payment, alleviating any financial burden to you. Essentially, it will cost you nothing!

Uniquely Qualified

In 1988, I graduated from National University of Health Sciences in Chicago, IL with the degree Doctor of Chiropractic. I also hold a Bachelor's of science degree in human biology. Since my graduation from chiropractic school, I have dedicated my life to studying all types of injury to the spine. My practice has been focused on relieving all types of chronic neck and back pain. I continue my education yearly with additional training sponsored by most all of the major chiropractic colleges. I hold certification in acupuncture and I am certified by Florida State University in Videofluoroscopy Motion X-ray.

At Accent on Health whiplash injury center, we treat many difficult cases that have not responded previously to treatment. I have been able to do so by maintaining my knowledge of the latest research and techniques in my field and by completing numerous postgraduate training seminars in chiropractic, case management, radiology, whiplash injuries, specialized video motion x-ray, neurology and electro-acupuncture as well as in electro-diagnostics including nerve conduction velocity testing. In our modern and friendly facilities, we provide high quality post-traumatic spinal care available and an atmosphere that is both professional and educational.

How We Differ from the Rest

Here at Accent on Health Chiropractic Centers, it is our premise that unless a patient's spine is restored to its optimal and correctly aligned position, long-term results cannot be achieved or maintained. For this reason, the treatment procedures we use allow for this necessary spinal correction, not only resulting in pain relief to the patient, but also providing the opportunity for long-term corrective results. This approach minimizes the chance of spinal and/or nerve problems from returning.

Don't Wait, Rely on Our Experience

We may be able to help you find a solution to your health problems and alleviate your pain. To get the answers, call my office and set up an appointment for an evaluation of your whiplash injury this week.

Call anytime between 8:30 AM and 7 PM Monday, Wednesday or Friday and tell our front desk assistant when you'd like to come in for evaluation of your injuries and pain.

Please don't miss this special opportunity to feel good again!

I encourage you to call as soon as possible, as our appointments for this event always fill up fast.

Haven't you suffered long enough?

Call me today 304-738-0500

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Well, that's about it. I hope you have learned something from this report. I also hope that I have enabled you to make good, educated decisions about your health.

Here's What Some of my Previous Patients Have Said...

"I've never had Chiropractic Care before, but since I've had it personally, all I can say is "What took me so long to have this treatment!" - John Zehala

"Dr. Bohn is very friendly and gentle" - Carol Abernathy

"Friendly service, concern for patients' health, very real, not obligated, and I obtained the treatment I needed" - Ben Flanagan

I appreciate the time you have spent reading this report and wish you only the best in health and wellness!

Sincerely,
Dr. David A. Bohn

Thank You!