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SECRETS TO A HEALTHY CHILD!

Dear Friend:

Did you know that Chiropractic is not just for adults? Children can benefit from Chiropractic just as much as you can. From mild pains, to earaches, to many other problems – we can help.

If you asked for this report for your own use then perhaps I have already mentioned or suggested some of the information contained inside or maybe you got this report because someone really cares about you and is concerned about your health and well-being.

I truly enjoy helping others improve their quality of life and perhaps I can do the same for you, congratulations for taking this first bold step so just keep reading...

The 6 Secrets To A Healthy Child!

I have spent my entire adult life studying methods, little known treatments, and proven ways to end the most common pediatric health problems.

I specialize in Orthopedics and Pediatrics. I perform spinal adjustments, do a lot of nutritional counseling (for strengthening of the immune system), exercise instruction, **non-invasive** sinus and ear drainage, and accu-pressure trigger point therapy (for headaches and intense muscle spasms). And, everything that I do is 100% natural.

I offer **result** oriented chiropractic care in an office that genuinely cares about improving the health and well being of our patients. I am fully dedicated to educating our parents and children about the harmful effects of drugs, while at the same time, explaining the incredible benefits of chiropractic care, nutrition, exercise, and a positive mental attitude. Our ultimate goal is to show parents and children with health problems how to live a normal life – without needless drugs, potions, procedures.

I have focused my efforts in practice on only the best techniques that correct health problems - at the ROOT CAUSE. And, that have been proven without a shadow of a doubt to work. Safely. Quickly. Painlessly...No painful needles here.

Here's what this means for your child: There is a significantly lower chance of them becoming sick. Within days you can usually notice a change in your child's health.

Here's why:

SECRET #1: Your nervous system controls the function of every cell, tissue, organ, and system in your body...especially your Immune System. Can you guess what happens if ANYTHING disrupts this all-important nervous system? Yep, you guessed it: **A poorly functioning body and immune system.**

Ron Pero, head of cancer research at the University of Lund, in Lund, Sweden and Chief of Cancer Research at New York Preventive Research Center says that "restoration and correction of the spine can increase the strength of your immune system by 200% - 400%!!"

So, what does this mean for your child,- and why does it apply to you? Simple. Your spinal cord "links" your brain to the rest of your body, and makes everything work as a 'System'. Why should you care?

“Health is a condition of wholeness in which all of the organs of the body are functioning 100% all of the time.” Webster’s Dictionary

Well, what if something disrupts this “vital link”? Do you think you’d have some problems? Maybe some pain? Maybe a headache? Maybe sickness or an ear infection?

Consider this - The “guardians” of your spinal cord are **THE VERTEBRAE!**

Your vertebrae protect your spine from damage or harm and also allow you to twist, turn, bend, and move around without much restriction.

But, sometimes these “guardians” become misaligned. For example: The birthing process...falling while learning how to walk...poor posture...lifting...twisting, etc.

Let’s talk specifics.

Your spinal column has 24 vertebrae. Twenty-four moving bones that make up your spinal column, and protect your spinal cord.

Like any other set of joints in your body, if these vertebrae aren’t perfectly aligned, they don’t function properly. You can have decreased range of motion, muscle imbalance, scoliosis, organ or gland dysfunction, and more (we’ll talk about more specifics later).

Many everyday activities, like standing up all day long can cause these bones to get out of their normal position. Think about how your child sleeps, or sits at his desk in school, or watches television. (You get the picture.)

Do you know what happens when these bones get even a little “stuck” out of place?

They press on and interfere with the vital link – your spinal cord – and this causes your nervous system to “dysfunction”. What that REALLY means is, ultimately, misaligned vertebrae (called SUBLUXATIONS) interfere with the way your body functions.

“90% of the stimulation and nutrition to the brain is generated by movement of the spine” Dr. Roger Sperry, Noble Prize recipient for brain research.

Can you imagine how your body would function if you had only a few vertebrae “stuck” out of place...your brain certainly wouldn’t be able to get all of the vital information it needed to function properly.

And, consider this - I’ll bet you that at least one (but probably more) of these vital bones is out of alignment, and you never even knew it. Has anyone ever checked to see if your

child has all of their vertebrae in perfect alignment? (The truth is, only Chiropractors are trained to feel whether vertebrae are in perfect alignment.) This may be causing your child BIG TIME problems.

SECRET #2: The first step to eliminating your child's health problems is a thorough examination by someone who really knows what to look for!

The first thing we do is find out ALL ABOUT YOUR CHILD. What we call a complete "case history." This is the first step. I want to know things like what the birth process was like, what falls your child has suffered...and how they spend their days. This "vital information" will usually give me the secret clues and answers to some of their health problems.

The next thing is, of course, an orthopedic examination. But this is unlike any "traditional" examination. This is a very specific Chiropractic examination.

First of all, there isn't a lot of cold, painful, "probing" with cold metal objects. I look carefully at their posture (I do a scoliosis check)...I check their reflexes and muscle strength...and perform other totally painless neurological tests.

What am I looking for? You guessed it:

MISALIGNED VERTEBRAE INTERFERING WITH THEIR NERVOUS SYSTEM! - AND I CAN FIND OUT INSIDE OF JUST 10 – 15 MINUTES!

What about middle ear infections? I can tell within 5 minutes if there is a blockage of the tubes draining the middle ear. What about bed wetting? If the nerves that control the bladder are interfered with I can tell within 2 minutes.

I'll tell you if I find any subluxations (misaligned vertebrae) and how it's affecting your child's health and well being! (It's quite amazing. Their body will show me visible signs of why they've been in pain or sick. The BIG, important issue is:

MAKING SURE YOU USE SOMEONE WHO KNOWS HOW TO READ YOUR CHILDS SPINE!

SECRET #3: The secret of Nutrition: Everything you learned in school was true - "you are what you eat". In today's world the quantity of food required to feed the masses has altered the soil. The once mineral rich, vitamin rich soil has been depleted. Just eating the right foods is not that easy for a lot of people. Today's parents have a busy schedule, and putting together a balanced diet for kids is very difficult. So, special

attention is paid to the diet of the child. This is a very important piece of the puzzle. I have been studying herbs, vitamins and minerals for almost 10 years and I'll tell you special vitamins, minerals and herbs that every parent should know if they want to keep their children healthy.

SECRET #4: Once I find the “problem” I'll tell you HOW TO FIX IT!

Once we find out what's wrong, we can correct it. Often times permanently.

Once I find out which vertebrae are out of place (A subluxation) I can correct them and gently restore them to normal alignment.

In fact, I do all of the work! It's painless and the kids just love it.

And that leads us to our next secret...

SECRET #5: The power of the “ADJUSTMENT”! Remember we talked about **ALIGNMENT?** Remember how we said that if you're not properly aligned, your immune system, your brain...- your entire body functions at less than 100%?

Well, the magic of putting the vertebrae back into alignment so we can reconnect 100% of the normal exchange of information from the brain to the rest of the body is called an **ADJUSTMENT.**

This little-known (and virtually ignored) treatment WORKS better than anything else I've ever studied. And I've seen it work on thousands of sick children. (Just like your child.)

There is a fact that may shock you about ear infections. Do you know that in an article entitled “Amoxicillin Treatment For Ear Infections Debated” JAMA (Journal of the American Medical Association) stated that **“...Amoxicillin is not effective”... and... “concluded that children who took the drug for chronic ear infections were two to six times more likely to have a recurrence of fluid buildup.**

Also, the author of the article, Erden I. Cantekin, biomedical engineer stated, **“Children are being abused by the antibiotic treatment in this country”.**

So, let's get back to our discussion.

I use techniques - all PROVEN to work, and all 100% “natural” that help return vertebrae back to where they belong. And, the most amazing part is:

THIS WHOLE PROCESS DOESN'T HURT ONE BIT!

There is actually no pain during the process – just a little pressure. And, many times the child laughs about it...It tickles a little. See, there are hundreds of ways of using carefully directed – controlled and focused “pressure” to restore normal position to these misaligned vertebrae.

The amazing part is, the pressure that I use feels like a deep muscle massage - only it does a lot more than relax the muscles! It actually “re-aligns” the entire spine – and restores all of the normal electrical flow from the brain to the body. Remember, if your brain can't communicate to a specific organ, muscle, or gland, **it can't function at 100%.**

SECRET #6: Consistency is the key!

The sixth ‘secret’ is consistency. Do you know that most people I know get their car's oil changed every three months? I mean, they wouldn't DARE let it go more than one full “season” without changing it.

What happens if you NEVER change your car's oil?

Well, if you'll spend just about the same (or even less) than the price of an oil change to come in, and get your child's spine adjusted, his/her **BODY** will be given a chance to function as close to 100% as possible. The effects are too numerous to mention.

Just be CONSISTENT.

If, however, you try to short-cut, or look for the “quick-fix”, the same vicious cycle will kick in over... and over...and over again. How many times have you allowed your child to be put on antibiotics for the same sickness...ear infection...allergies, etc? If medicine was able to get us healthy, nobody would ever get sick!

FACT: “80% of the children in this country will receive their first course of antibiotics by the age of 6 months.” American Academy of Otolaryngology

Covering up symptoms or health problems with medication just can't be the best way to get our children healthy!

Remember this secret of CONSISTENCY: It works!

TAKE ACTION NOW THAT YOU KNOW WHAT TO DO!

What separates the children who get free from sickness and infection, from those poor

unlucky kids who spend their whole lives needlessly sick or in pain and on countless doses of different prescription drugs... It's the parents who: **TAKE ACTION!**

If you value your children's health as much as I KNOW you do (if you didn't, you wouldn't have read this far), then the price of my care is, by comparison, peanuts. What is your child's health and happiness worth to you? Remember what chiropractic is all about: **GETTING RID OF THE CAUSE OF YOUR CHILD'S HEALTH PROBLEMS... NOT CAUSING MORE OF THEM!**

I see a surprisingly wide variety of health problems. See if any of the following applies to your child:

***Ear Infections**

***Headache**

***Throat Infections**

***Pediatric Back Pain**

***Scoliosis**

***Sinus Infections**

***Frequent Colds**

***Allergies**

***Bed Wetting**

Does your child experience any of these symptoms, even occasionally? If so, you can and should consider bringing your child in for the free exam. What have you got to lose? Even if your child suffers the occasional cold, or ear infection, if help is available, why not take it? And even if "suffer" is too strong of a word to describe your situation, even if your child doesn't experience health problems right now... it still makes sense to make sure they are properly "aligned". I hope you've learned a lot about how to keep your child healthy - and STAY out of pain.

Dr. David Bohn, Director
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My practice is "different" it focuses on patients who feel they have no hope. People like you, suffering with numerous symptoms and pains and wondering what else can be done. I want you to know that I promise to help you with the most advanced natural methods available and it will always be a team effort, you and I.

Here's What Some of My Patient's Have Said About My Practice...

"Dr. Bohn is very competent and is thoroughly knowledgeable regarding his profession, I have benefited greatly from his teaching" Dr. Michael Pollard

"Dr. Bohn always hears his patients...he always has time to listen" Terri Lowery

"The service and people are excellent...they make the patient feel really comfortable"
John Myers

Well, that's about it. I hope you have learned something from this report. I also hope that I have enabled you to make good, educated decisions about your health.

I appreciate the time you have spent reading this report and wish you only the best in health and wellness!

Sincerely,

Dr. David A. Bohn

Thank You