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**If You Have Been Injured at Work Then You Need To Read This Report!**

**Accent on Health Chiropractic & Massage Center 304-738-0500**  
An "Accent on Health" Report Offered To Improve Your Well-Being

**Dr David A. Bohn**  
359 National Hwy, 2<sup>nd</sup> Floor  
LaVale MD 21502  
301-777-3710

**Dear Friend:**

I want to first thank you for requesting and then taking the time to read my report. Since I am assuming that you have suffered a work related injury and are getting tired of living with the pain, muscle spasm and most importantly, not being able to do all the things that are important in your life.

After treating many patients who have been injured while working I want you to know that I understand your frustration and I also know how to relieve your pain, restore your function and get you back to work as quickly as possible. As a chiropractor treating back pain from work related injuries is something at which I excel and enjoy. Perhaps I can offer the solution to your back pain, if you want to know more, read on...

## **Let's Start With How It Happens...**

Back injury occurs when there is a transfer of energy to the area of the spine greater than the bone and soft tissue can handle. There is physical evidence of the energy transfer. There is a bruise, laceration, fracture, dislocation or burn. Sprains or strains are also injuries, but their evidence remains hidden inside the body where few medical doctors look so these type of injuries go untreated and the patient is told "you will have to learn to live with it, here, take these pills" and that's what they do...take those pills  
**...FOREVER!**

### ***The Hidden Damage...***

*The soft tissue type of injury to the ligaments, muscles or spinal joints and discs will leave physical evidence of damage from exposure to some form of kinetic energy beyond the ability of the body to absorb.*

## **...Pain Is Only a Signal, It's Not the Problem**

The commonly hidden damage to the soft tissue is the real evidence of your injury. These cases are treatable from a chiropractic point of view and are usually easy to handle administratively in the workers' compensation or medical benefits systems.

Although chiropractors usually have little problem treating the back pain from a work related injury, medical doctors generally have much more difficulty diagnosing these cases and really don't want to deal with them. This means you get little attention and usually are prescribed pain medications and told to try weeks of physical therapy where all you do is stretch and exercise and perhaps even go through the "work hardening program" but never seem to get better.

## **It's Not "In Your Head"**

With most work related back injury there may be no visible physical evidence that the medical profession, with all its resources, can find, although almost all back pain is from a real physical source and not "in your head" as you may have already been told.

In the few worst cases, both the patient and the medical doctor are frustrated because the pain does not go away no matter what the physician or the patient does or doesn't do.

Allowing for differences in sources of information and definitions, it is generally accepted that 85 percent of adults, at some point in their lives, will experience back pain. A significant number will have it more than once.

Having back pain is the normal condition. Not having back pain is the abnormal condition. In the cases included in studies, the back pain will be troublesome enough to cause the victim to modify her/his activity somewhat.

Medical biases have faded against doctors of chiropractic in the workers' compensation arena since new research has demonstrated chiropractic's effectiveness at getting workers back on their feet more quickly and less expensively than traditional medical care, according to the July 2000 issue of the Journal of the American Chiropractic Association (JACA) and many doctors of chiropractic are experiencing an increase in the number of patients with work-related injuries being referred to them by medical doctors.

A number of recent studies, comparing medical and chiropractic care for work-related back injury, conclude that chiropractic offers consistent 2-to-1 superiority and consistently costs insurer less money than conventional treatment.

Next to back injuries, chiropractors can also successfully treat common work related injuries like postural-type strains to the neck and upper back and repetitive strain injuries, such as carpal tunnel syndrome and tendonitis.

Despite all the information that is available demonstrating the effectiveness of chiropractic many people, maybe even you, have the belief that "the company doctor" is taking care of me just fine.

## ***Remember...***

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*... in Maryland and West Virginia, you have the right to pick your own doctor and it can be a doctor of chiropractic or a medical doctor. There are also several good reasons to not choose the "company or insurance provided doctor" and find one of your own. The company doctor usually won't know there is a problem until the very end of your compensation case, when their job will be to minimize your injuries to the insurance company resulting in a huge loss of settlement funds and no future treatment should you later need care.*

As I said earlier, your medical doctor may be adequately treating you for your injury simple because they are not able to identify the hidden soft tissue damage that is the reason you hurt. In addition, the doctor your company sent you to see may not perform the necessary tests or used available technology needed to identify the cause of your problem simply to save on costs for the employer who referred you to them.

Always remember, the company doctor works for the company and was picked for them by the insurance company. They do not work for you and you will not be sending them more injured workers in the future. The insurance company's interests are always about saving money, their money, they don't want to compensate you for lost wages or pay for your care. The less they spend, the more they make! So they will cut all the corners legally possible, deny as many tests as they can, minimize the extent of your injuries and need for treatment, return you to work before you are really able, write biased reports that make you seem uninjured leading to poor treatment outcomes and minimal monetary compensation for your injuries.

### **Here's What You Need to Know...**

You MUST HAVE a doctor on your side, a doctor trained in identifying and treating the kind of hidden injuries commonly seen with work injuries. You need a doctor who can identify and report your injuries accurately and provide the most up to date and effective treatments so when you return to work you will be ready and not before. Get a doctor who is willing to write the kind of reports to employers, attorneys and insurance companies that make things happen so that you can receive optimum compensation in proportion to your work injury. You need a doctor who KNOWS what is wrong with you, not just guesses and provides pill after pill. Make sure you are getting the very best care for your injury and all the benefits you are entitled to under the law. I have been practicing chiropractic since 1988. Much of my time over the years has been spent learning the ins and outs of the Personal and Work Injury field. Countless hours have been spent in post-doctorate seminars learning how to treat traumatic injuries and just as importantly, how to navigate the sometimes-complex rules and regulations of these special cases. Make no mistake; work injuries are special cases that require expertise and I can provide it for you.

If you are not legitimately injured as a direct result of your employment, don't bother calling me. I'm not interested in meeting people who are not injured and are only looking for someone to fill out the papers so they can stay home, get some days off or even worse, would like to spend some time in prison for fraudulently filling claims with the Injured Workers Fund. I only want to help people who have truly been injured, who have real claims and genuinely want to get better and live a normal life again.

If you are unsure if you have a valid claim or not, that's another story. You may have been told by an employer or their insurance carrier that you do not have a case, but you question it. This happens all too often. Legitimate cases are brushed aside by employers and their carriers to avoid insurance claims, even though the claim is real. The average employee is fearful of losing their job or causing problems at work, so they just go along with what they are told. This could be a very big mistake! You may be giving up your rights and benefits. If you have a question at all, call me. I can probably

tell you over the phone if you have a case or not. And if I can't, I can refer you to someone who can.

My office is a warm and friendly place with real people as staff members who are service oriented. We are not a dreary "clinic" with white walls and cheap tile floors. You will not find unpleasant and uncooperative staff members who make you feel like a number. You will not be treated by an uninterested doctor who is just "going through the motions". Our office is kind of old fashioned. We like to get to know our patients. We are interested in helping our patients and we will do whatever it takes to get you well and keep you happy.

I will give you an honest evaluation and recommend only the treatment you actually need. You will be given the facts of your case and then we will proceed only with your approval. I will not under treat your condition like a "company doctor" and I will not more treatment than you require. We can arrange for legal help with those difficult cases that need representation. Not all cases require an attorney, but if you do need one, we work with the best. We don't use "mill" lawyers who shuffle clients through their doors quickly and impersonally. The attorneys we use are just like us; courteous, experienced and dedicated to you, the injured worker.

### **Why Choose Me For Care?**

I have taught post-graduate classes to other chiropractic doctors for continuing education credits from a leading chiropractic college. I have trained many other chiropractic doctors after they finished Chiropractic College, including several in our local area. So wouldn't you rather see the instructor than the pupil?

Technology, technology, technology. We use the latest computerized diagnostic tools to detect, document and monitor your condition. Other offices make educated guesses and assumptions, while our experience and equipment pinpoints your problem with precision. Speaking of high technology, here's your chance to see first hand what our office has to offer. Give us a call and we will schedule a NO COST, NO OBLIGATION consultation with me. We'll discuss any problems or questions you may have in an informal, no-pressure setting. I have literally treated hundreds and hundreds of injured workers just like you.

*"Dr. Bohn, I liked your report and I know I should see you, but...you're just too far..."*

Let me respond by saying that I realize not everyone can come see me personally. But let me say a few things about location and convenience. First, if you are within 45 minutes of my Ridgeley, WV office, you should definitely come in for the Free Digital Posture Pro Computerized Exam. This precision postural examination takes only minutes but can reveal significant posture defects that may be responsible for your current problem, and I bet no one has even looked at your posture or spinal alignment in any of the doctors or therapists offices that you have yet visited

After seeing the test and what we can do for injuries like yours, you'll agree this report is worth the drive. I have patients that drive from Hagerstown, Winchester, Oakland, Bedford, Romney, Keyser and even farther for care. After meeting me and seeing your digital postural alignment and stress test, you decide if our office and our service are worth the drive. A 30-45 minute drive to get the most comprehensive spinal evaluation and state-of-the-art treatment of your work related injuries by a doctor who understands soft tissue Work Injuries is DEFINITELY worth it. Consider going elsewhere where they do not specialize in this arena. You may not have your injuries documented correctly and/or convincingly. Your condition may be mismanaged and your problem can become unnecessarily chronic or debilitating. Is saving 10 to 15 minutes of driving a couple of times a week worth it? You be the judge.

Third, treatment of your injuries is serious. Invest the time and energy needed to recover more fully from your injuries and protect your legal case to recover damages that are rightfully yours.

Fourth, I want you to keep in mind that just because an attorney suggests a doctor doesn't mean you must see them. You call the shots. It's your case. If you aren't happy with a doctor, get another one. Hopefully, you will consider me.

Fifth, if you are just too far away, then let me help you find a doctor who specializes in work related soft tissue injury for you. I know most of the doctors in the area. I know who the true specialists are and who the pretenders are. I can find a good doctor who will work hard for you.

Sixth, if you have any questions or concerns just call me at (304) 738-0500. I'm eager to help you in any way I can. My practice is based on the firm personal belief that my mission is to help others. I sincerely want to help you.

**Dr. David Bohn**, Director  
Accent on Health Chiropractic Center  
Route 28, Ridgeley, WV

[www.accentonhealth.org](http://www.accentonhealth.org)

Well, that's about it. I hope you have learned something from this report. I also hope that I have enabled you to make good, educated decisions about your health.

**Here's What Some of my Previous Patients Have Said...**

"I've never had Chiropractic Care before, but since I've had it personally, all I can say is "What took me so long to have this treatment!" John Zehala

"Dr. Bohn is very friendly and gentle" Carol Abernathy

"Friendly service - concern for patients' health - very real - not obligated - and I obtained the treatment I needed" Ben Flanagan

I appreciate the time you have spent reading this report and wish you only the best in health and wellness!

Sincerely,

Dr. David A. Bohn

*Thank You!*