



Vitamin Supplements for better living!

Omega-3 Fish Oil

Available in liquid, gel-tabs and chewables, this versatile supplement helps with heart, brain and joint health. It can help prevent high blood pressure, heart disease, and joint pain and can lower cholesterol levels. Also, this supplement can improve memory, and reduce migraines and depression.

Calcium Citrate

The main function of this supplement is to prevent bone deterioration and aid in calcium retention in your bones. This is commonly used to treat osteoporosis and calcium deficiency.

Glucosamine

Pain management and improved motion/movement is the main function of glucosamine. It promotes healthy joints and connective tissues and can aid in wound healing. Patients with osteoarthritis commonly will take glucosamine.

Lipex

A potent fiber supplement plus lecithin to support fat and cholesterol metabolism. It is primarily used for cardiovascular health and cholesterol

Lysine

This essential amino acid is taken to treat infections, cold sores, and Bell's Palsy. It also improves calcium use in the body.

